Thank you for signing up for S.T.A.B.L.E.! We are excited to have you participate!

S.T.A.B.L.E. is post-NRP and draws heavily from current AHA/AAP NRP guidelines. We work to provide evidence-based, practical, accessible, and effective education to help reduce infant mortality and morbidity, improve neonatal outcomes, and most importantly, improve the quality of life for infants and their families.

Prior to course attendance please review current NRP guidelines, the S.T.A.B.L.E. Learner Manual and complete the pre-test. Pay special attention to the Emotional Support section and the article “It Just Isn’t the Lungs” located in your S.T.A.B.L.E. book.

When you pick up your S.T.A.B.L.E. book from the Education Department, the pre-test with answer sheet will be included or you can print from this email. Review of the S.T.A.B.L.E. Learner Manual is essential prior to coming to class. Please complete the pre-test prior to coming to class and bring it with you along with either a pen or pencil, a calculator and the S.T.A.B.L.E. Learner Manual.

We look forward to seeing you. If you have any questions or concerns, please feel free to contact Cindy Harlan, Clinical Nurse Educator at 447-2405 or charlan@sphealth.org.

Sincerely,

S.T.A.B.L.E. Instructors

Cindy Harlan, RNC Sherry Kosena, RNC